

## PPG/Medical Centre Meeting MINUTES

Meeting held on **Wednesday 1 October 2025**, 2.00pm to 3.30pm at Fressingfield Medical Centre  
**Attended by:** Clare Good [CG], Practice Manager, Members of the PPG: John Alborough [JA], Penny Alborough [PA], Judith Lilley (Acting PPG Chair) [JL], Kamal Ivory [KI], Linda Webb [LW]

NB: Judith Lilley has agreed to act as Acting PPG Chair until further notice.

### **1. Welcome and apologies for absence :**

- (a) JL welcomed all to the meeting**
- (b) Apologies for absence:** Tracey Holder, Liz Stolls [LS], Nick Stolls [NS]  
Bryan Threadgall [BT]
- (c) Minutes of last meetings** held on 16 July 2025. These were approved at this meeting.
- (d) Any matters arising from the Minutes:** none not covered in this meeting's Minutes.

### **2. PPG Chair items**

- a) **Hartismere Hospital** – (i) discussion from Barry's presentation & further thoughts.

**ACTION JA: Guest speaker Barry Gibson to be asked for copy of his presentation for distribution to the PPG**

- b) JL update on **Befriending Service promotion**. CG advised there have been some enquiries to offer help.

JL had also heard about **The Contact Club at Stradbroke Hall**, which is in its 21<sup>st</sup> year and offers refreshments and the opportunity to chat with others or play games. It is held in the Web Room on Tuesdays from 10am to 1pm. "*Club aims to bring happiness and comfort to its members*"

<https://infolink.suffolk.gov.uk/kb5/suffolk/infolink/service.page?id=BJ5YhtQrryA>

**ACTION: JL will visit the Club to find out more information**

It was suggested that information on what is offered at both the Stradbroke Community Centre and the Leisure Centre, including any social prescribing activities such as gym access.

**Stradbroke Library** as a local services information location.

**ACTION: KI to be asked to be the collator of info/services.**

CG advised that in Eye, there is a group called **Families Together Suffolk** that is located above the old bank and aimed at parents with young children.

<https://www.familiestogethersuffolk.org.uk/>

**ACTION: CG to send contact info to JL for her to contact the group**

CG advised that PPG Members can join **INT (Integrated Neighbourhood Team)** at Eye. They meet on last Friday of month in the afternoons by Teams on-line and quarterly face-to face.

This is the group with which Barry Gibson is involved.  
JA (with PA to attend if JA cannot) offered to attend a meeting and potentially join the group. He will feedback to the PPG. **ACTION: CG will advise Kimberly of JA's details.**

Other services to help people in the area:

**FressExpress.** NS advised that this is a fairly new service. There is no central repository for all services.

It was commented that for lonely people, there could be transport problems to attend clubs or group meetings.

For further discussion/updates at next meeting.

c) **Stradbroke Community Hall access doors.** JL had been advised that experts have been engaged to review the access doors and on any changes required.  
No further news.

### 3. PPG Members Items

a) TH feedback on how the CPR training had gone using the CPR link.

For next meeting.

b) **CPR Training at Fressingfield.** NS advised that the PC had approved funding for another session of CPR training and how to work a defibrillator. He advised that last time part of the practice donation grant fund had been used and CG advised that the Partners had agreed to this.

Date for Fressingfield course: 9 October 2025 from 2pm to 5pm. Aimed at 15 new volunteers.

NS advised that he will contact local First Responder, Steve Hammond, asking if he would give a short presentation.

For next meeting

c) **Local publicity circulated by PPG.**

(i) Befriending information. JL had sent out this information to PPG list. She had not seen it appear in the Stradbroke on-line site and she will chase this. **ACTION: JL**

(ii) JA advised the information on the Fressingfield Medical Centre had appeared In "Village Voice" June/July issue. This serves the villages of Denham, Hoxne, Syleham and Wingfield. **ACTION: JA to bring the VV issue to next meeting**

For next meeting

### 4. Practice Items

a) **'Flu vaccination clinics 2025. 4<sup>th</sup> and 11<sup>th</sup> October at Stradbroke Community Centre.** CG advised there are two Covid variants.

The logistics of the PPG helpers with car parking were discussed at the meeting.

There will be over 65s 'Flu vaccinations with Over 75s Covid vaccinations taking place all day on 4<sup>th</sup> and morning of 11<sup>th</sup> October. Then on the afternoon of 11<sup>th</sup>, it will switch to under 65s (severely compromised) only 'Flu vaccinations (a different 'flu vaccine).

There will be 5 vaccinators giving both vaccinations and 2 vaccinators giving only 'flu ones. There will be a GP available on both days.

CG advised they had been asked to use the school car park where possible over-using the Community Centre car park.

**b) Announcement from the Government on 1 October 2025 stating patients are to be clinically triaged on the day of calling their Practice**

A surprise Government announcement concerning a new appointments' procedure was discussed, although it is not yet clear how this can be enacted. CG patients may have to be referred to calling 111 on some occasions.

On one day, all appointments on the day had been filled by 08.10am.

**c) Future surgery updates from CG**

CG advised on good news that a replacement GP has been appointed, Dr Henry Johnson, who will start on 5 January 2026.

Dr Jim Morris will continue with working for the Practice two days a week until end March 2026.

**d) Practice Newsletter.** A new newsletter to be planned after the 'flu clinics were over.

**e) Christmas period Dispensing Hours.** JL advised the copy deadline for newsletter notice is beginning of December.

**ACTION: CG to send to JL details for a message on Christmas closing to be send out to editors on the PPG list.**

**f) Practice Group Catchment Area.**

CG advised that it is being considered to cease the unofficial concession for patients, who move to Harleston, can remain registered at the Fressingfield/Stradbroke Practices when living at the first move. This will not affect those patients currently residing in Harleston. The population in this practice catchment area is increasing and bringing extra pressure on the practices.

CG advised that blood tests already have to be sent to Norfolk & Norwich Hospital.

The PPG members present at the meeting agreed with this proposal.

CG will mention this view at the Partners' meeting on 21 July.

For next meeting

**g) Road closures on some roads leading to Fressingfield Practice**

NS had advised CG on road closures starting in November 2025 and scheduled to last for 6 months.

- h) **Missed appointments notice** (known internally as DNA – do not attend). JL asked if there was any updated figure. CG advised they are nearly always the same patients. After the 'flu clinics are over, CG will supply JL with explanatory text, which can be updated with numbers and sent out to editors every six months.

**ACTION: CG/JL**

- i) Following a concerted effort all loaned **BP machines** have been returned.

**5. Any other Business**

- a) There was none.

**6. Date of next meeting : TUESDAY 9 December from 2pm to 3.30pm**

approved 9Dec2026